

Street

BREEZE

A publication of WIND Youth Center ❖ ❖ ❖ ❖ ❖ Summer 2009

Good Morning Sacramento's Tina Macuha helps teens understand the power of their dreams in day-long seminar

Television personality Tina Macuha, along with program supervisor, Tia Ross, recently made a visit to the WIND Youth Center. They came with the intent of leading a workshop called "Motivating the Teen Spirit." The workshop was supposed to help the teens understand the power within themselves and the power of their dreams—to understand that even if your dreams seem as far away as the stars, they are still obtainable.

Macuha and Ross did this by having the teens go through a series of exercises to help them express their feelings towards



Seminar leaders Tia Ross and Tina Macuha spend the day with WIND teens.

Story and Photograph By Sharday Preyer

themselves, their family, their friends, as well as things that they have to deal with on a daily basis. One exercise was to think of the day the world was going to end. The participants had only 15

minutes to tell anybody they wanted that they're sorry and that they love them. Then they had to call the person they thought of and actually tell them how they felt.

Another one of the exercises the teens did was to sit and talk with the person they were partnered up with at the beginning of the workshop and listen to that person's life story in a short amount of time and then switch turns listening. Through this they met and got to know new people and got to know those they already knew even better.

The exercises were a success.

"I learned a lot from the workshop about how people react differently," said Aaron Amos,

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KRS One raps with WIND Center teens

By Myrricle O'Neal

This spring, Lawrence Krisna Parker aka KRS-One, the legendary MC and philosopher, came to the WIND Youth Center to inspire young teens to know that they can do anything if they put their minds to it.

As a young teen, Lawrence Parker set out to achieve his dream to become an MC. He was inspired in 1977 when there was a blackout in the South Bronx, New York, where he was born and raised. "People were robbing other people, jumping out of windows," he recalled. "It shocked me."

Parker, who was already writing poetry, started writing about the blackout. He also started writing other poetry about the streets. His writing kept his



Staff Photo

mind clear and focused and kept him from joining whatever there was to join on the streets. "And I stayed with it in terms of philosophy, which was my second love," he said. "I started rhyming about philosophical ideas.

In 1987, at age 22, he dropped his first album, *Criminal Minded*. seminar, words touched and inspired everyone that was there.

At the seminar, KRS-One's told us that sometimes we have to go through hardships that we may not want or feel necessary," said Sharday Preyer, who attended the seminar. "But you have to go through those hardships to get to the point in life wherever you want to be."

Another attendee, Bryan Johnson, added, "He also told us that knowledge is the most powerful thing in the world and that there is no limit how much knowledge you can receive."

KRS reminded the audience that "Money doesn't buy happiness. It doesn't buy joy. Joy is everlasting." His final message was that you can do anything if you put your mind to it.

Poetry and Art

-Colors-

Pink
Yellow
Red
Blue.
What do those colors.
Mean to you?

Orange
Gold
Black
White.
These colors stand out
Bright.

Green
Purple
Brown.
Every other has four.
Give me one more.

I feel red.
I feel black.
When do I feel
Blue?
I try to feel
Pink.
But that takes too much
To think.

I ask myself
“Who are you?”
“Why are you?”

I’m feeling red.

Samantha “Mani” Brown



THE CHEAP RING

What felt so good
 just felt so wrong
 What I knew about you
 just seemed wrong

As the days went by, yes,
 I thought about you
 All the pain
 All the promises
 The lies that hurt me
 Deep inside

That promised ring is full of
 not honesty
 faithfulness or
 happiness
 but in pain
 aside alone
 your cheap ring

Gabby

TO MY MAIN PERSON

God took you away from me
If only he could see
The sorrow in my eyes
That when a family member dies

Its hard to let you go
But it has to be so
That you are not here
It makes me shed a tear

God took you away from me
How can it be
Andre you were brother and friend
Soon I will see you again

Melissa

life

Male meets a female,
 Get to know one another,
 Meet her brother,
 Both are a smother,
 Add another,
 Now a baby,
 Female: mother,
 Male: father,
 Baby: boy,
 Wants a toy,
 To make joy,
 Mother divorces,
 Takes her horses,
 Father sad,
 Mad,
 Just a tad,
 Boy grows up,
 Throws up,
 Destroys the cup,
 And wakes up.
 -Angie Wilson

Change by Dawn Laury



Change is here
 Change has come
 The world is changing day by day
 Are we going to like it maybe
 Maybe not
 I do tell you that change is
 Going to happen and its happening
 Now, whether you like it or not
 Change is now.

Artist Angenetta Shabazz

Poetry & Art

why for

UNTITLED MEMORY

By Sharday Preyer

Cry and cut deeper.
 Drag the blade
 Down the bone.
 Leave the scars
 For years to come.
 Kill the demons within your soul.
 Destroy the thoughts.
 Destroy the hurt.
 Listen to everything I have to say.
 Listen to my screams.
 Listen to my thoughts.
 Listen to my pain
 As I lay here fade away.

Thank God It Wasn't Me

Life at its scariest moment.
 Having pee on a pregnancy test stick.
 Going thru agonizing fifteen minute wait.
 Shock to find-out.
 Your pee made a positive pregnancy.
 Worried about your future.
 Furious with the guy that impregnated you.
 A million questions go thru your brain.
 Trying to discover a way to tell your parents.
 Plus tell the guy that did it.
 Deciding between keeping it or killing it.
 Looking at the options. Neither seem nice.
 You call a friend for help
 Even though it's too late.
 Your friend doesn't answer the phone.
 And you end up killing not one but,
 Two people.

- Angie Wilson

Umm. Lets think for a minute. Time?
 60 seconds in a minute – 60 minutes to an hour,
 Does that even add up?
 So much time or so little time;
 How to spend your time is the issue?
 Or what you could be doing with your time-
 You must die one day and be born the next.
 The cycle of life is all about time.
 Time is why I am here now.
 Who cares? You must but why?
 Spending time wasting away,
 Profit with your time in your hands.
 How can you see time to your advantage?
 Manipulate the minutes, freeze time;
 I think other wise. How about balancing?
 Lost in time, dazed and confused;
 With a mixture of ying yang.
 Sounds like a bunch of garbage!
 But life's to your living... so live to the fullest.

angenetta shabazz

Mothers Hunger-Pain

***Struggling,
 Numbing,
 Tummy,
 Growing,
 Carrying,
 Waiting,
 To be,
 A mommy,
 Tummy,
 Hungry,
 And rumbling,
 Struggling.***

—Angie Wilson



April Fools

Im not Blind
 Im not Stupid
 I saw what happened
 Don't Lie to me
 I just have one thing to say
 GET OUT OF MY CRUNCH BERRIES !

By Dawn Laury

Featured Artist: Sharday Preyer



Are you an artist? Do you write poetry, essays or stories?
Do you take great photographs?
If so, why not submit your work for publication in
Street Breeze

Editorial Submissions & Policy

We welcome contributions. Articles, essays, poems and other writing or story ideas submitted to Street Breeze will be reviewed and considered for publication by the newspaper's editorial committee. We reserve the right to refuse any submission. Unpublished articles or photographs will be returned only if accompanied by a self-addressed, stamped envelope. Profanity of any kind will not be considered for publication.

Editorial submissions will be edited according to standard AP Style guidelines and newspaper policy. All letters to the editor must be signed. Authors who wish to remain anonymous should so state. Poetry and graphics will not be edited. They will be published as submitted or not accepted for publication.

Send submissions to:

Street Breeze

WIND Youth Center
701 Dixie Avenue
Sacramento, CA 95815

EDITORIAL CONTENT
Articles expressed in this paper are the views of the writers and *Street Breeze* editorial staff; furthermore, opinions articulated in *Street Breeze* are not necessarily the perspective of WIND Youth Services.

**Welcome to
Street Breeze**

A publication of
WIND Youth Services
Teen Voices Making a Difference

Our mission is to create a first-class newspaper that informs and entertains other teens and young adults, as well as the community at large.

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Send submissions to:
Street Breeze
WIND Youth Center

He Says / She Says


**Advice
from
Joe
and
Tianna**

Q. I'm a teenage boy, and I just found out I'm about to be a father. What do I do?

J. Talk to your girl, and then get both the girl's parents and yours together to talk about the situation

T. If you are a teenage boy and are sexually active with a girl, you should first use condoms. If you have not and she is pregnant, you should start thinking about your responsibilities and tell your parents. But be happy.

Q. I cheated on my girlfriend and got an STD. How should I tell her?

J. I would be straight about it and come clean.

T. If you have cheated on your girlfriend, tell her. Make sure you get to finish telling her you have an STD.

Q. I feel like I'm trapped in the wrong body. What should I do?

J. I would go to a church.

T. Don't feel ashamed or like you are a bad person. Don't care about what anyone else thinks. It is your body. Do as you please.

Editor's Note: For more information about this subject, visit: transgendersoul.com, health.discovery.com, metanoia.com or transgendercare.com

Q. When I'm with my friends, I feel pressured to do things that I don't normally do, like stealing and lying. Help.

J. I would get away from that group and go to a better group because I wouldn't want to get in trouble.

T. Refuse. Say No. And make sure you don't give in. Your friends should not pressure you into doing something you don't want to do.

NEVER LEFT BEHIND

By Angenetta Shabazz

I feel left behind like the ugly duckling, because it seems that the main focus in Sacramento is on the richer areas. I mean, the senators and governors come to Sacramento and you only hear about Citrus Heights, Folsom, and Elk Grove. This is supposed to be the capital of California, yet there doesn't seem to be much equality.

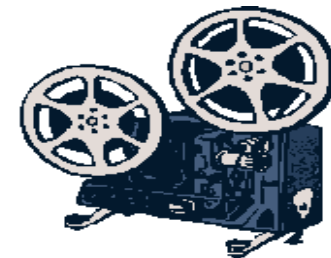
If you didn't figure it out yet, the areas with the money have more advantages with road work, schools, and public safety. In my opinion the different social standings are like the republican and democratic parties.

Money shouldn't always talk.

In order to keep the peace, you have to spread the love to each group on the social ladder. Some areas I feel need more attention are: South Sacramento, North Highlands, and certain parts of Natomas. These areas may be neglected because of their crime rates. Maybe crime is a reason that politicians don't come to certain areas, while other areas are fruitful with representatives.

In low income places, I would love more law enforcement interactions so there is more of a safe stronghold for individuals, and so the residents don't feel like second class citizens.

Movies


Movie: Notorious

Starring: Jamal Woolard as Christopher Wallace, Derek Luke as Puff Daddy, Anthony Mackie as Tupac Shakur

**Reviewer:
Samantha "Mani" Brown**

Notorious is a movie about, Biggie Smalls, a rapper from the 1990s who was murdered. The movie takes place in Bedrock, Brooklyn.

Notorious was a really touching and exquisite film. The things the movie makers did and how the actors took on these roles, their demeanor and attitudes, made it seem as if they were the real people.

Notorious touched on some things people did not understand about Biggie as far as his life and dreams before this movie. Some people think he was a horrible person. From the look of things in the movie it took Biggie one time to hit a jail cell, and then he straightened out. He got his rapping career going and stayed off the streets.

My favorite scene in the movie was pretty violent; he was doing a show and he called his wife and the two of them exchanged some words. Something he said to her did not sound right, so she went to his room and caught him with another woman and beat her up. Another scene I thought was funny was when he was about to go on stage, he had the wrong shoe size, and he had also just found out his wife was pregnant at the time with his son Christopher Wallace Jr (who played Biggie in the beginning of the film when he was 10).

This film is complex. Certain scenes I liked, then other scenes turned me away from the movie. I liked that the actors that were chosen to play these real life characters; they were chosen wisely. As far as the timeline of events and songs that took place in the movie, they could have been better. According to a few of Biggie's real-life companions, the songs and actions that took place

were not accurate. They took place too soon or too late.

I recommend this movie because some people who don't understand the life this man lived and how his death may have caught up with him will find it interesting.

Overall, I give *Notorious* a fair because I am a real big fan of Tupac Shakur, and I did not like how his character was portrayed. Everyone else's character was on point. Many agree with me and many disagree.

Rating:***out of Four

Movie: Watchmen

Actors: Patrick Wilson (Nite Owl), Jackie Earle Haley (Rorschach), Malin Akerman(Miss Jupiter), Billy Crudup (Dr. Manhattan)

Reviewers: Aaron Amos and Kevin Johnson

This story takes place in the United States in the 1940s to 1960s. Vigilante superheroes emerged during this period of time to help win the *Vietnam War*. Also, the United States is getting closer to nuclear war with the Soviet Union and the heroes have to cross between what's right and wrong in order to keep millions from dying.

The whole story line just has you so wrapped up in the movie and there wasn't a dull part in any of it. The writers and directors did all they could to entertain the world and it works.

We recommend this movie to everyone. We're still telling people to go see it

Rating **** Out of Four

Do Teenage Boys Pressure Girls In To Unwanted Sex?

By Tianna Forrest

Do teenage boys pressure girls into unwanted sex? According to a study by Indiana University School of Medicine, “More than 40 percent of a group of teenage girls reported being pressure into unwanted sex... .” The study included two-hundred seventy-nine girls ages 14 to 17, over a period of two years. One hundred and fourteen of those girls said they had been pressured into unwanted sex because they were afraid of their partners. Ten percent said they had been forced one time, if not more.

In a random survey of teenage girls at the WIND Youth Center, six were asked if they had felt pressured by a boy to have sex. Names were withheld to protect their identities.

One girl said, “Some boys are too aggressive, and I feel the need to give in.”

But not all the girls we talked to had the same experience.

For example, one girl said, “I myself have never been pressured into sex. If I’m not ready my partner clearly understands and respects my decision.”

Indeed she is very lucky. A third girl reported, “Ya I have been pressured into sex but the choice I made I’m happy with.”

Some girls are lucky but others unfortunately are not.

When forced into sex, most of the time condoms are not used. This is why many teenage girls who find themselves in this situation get pregnant or have STDs and AIDs. If you find yourself a victim of this kind of pressure, one professional suggests you should go in for a checkup about a week or two later, because known STDs and AIDs have very few symptoms.

How to Say No to Unwanted Sex

1. Make up your mind to say no BEFORE you get into a dangerous situation.
2. When you say no, use a firm voice.
3. Use clear body language—stand tall, speak clearly and look him in the eye.
4. Say no as many times as it takes.
5. If your boyfriend hands you a line (If you loved me, you would do it), he is manipulating you. Don’t fall for it.
6. If he threatens to leave you, let him.
7. If he hurts you, get out of there as fast as you can
8. Don’t drink alcohol. It weakens your defenses.
9. Finally, if he won’t leave you alone, walk away. Stay away.

Food



Panera Bread

901 Howe Avenue
Cuisine: Fresh Bread, Soups,
Salads and More

Reviewer: Myrricle O’Neal

Street Breeze reporters joined me for lunch recently at Panera Bread, Bakery and Café. Panera is a family friendly restaurant and a great place to meet friends. The service was wonderful. So were the food and the atmosphere.

My fellow reporters ordered their choice of sandwiches. The comments from them are:

“I really like the food!”

“I love this sandwich.”

“The sandwich was good.”

“I really like the bread.”

“Could have been warmer.”

“The soup could have had more beans,” and

“The bread was tasty good.”

One person complained about the spread on her sandwich.

I recommend this restaurant to anyone who would like to be cool, calm and collected and eat good food.

I rate Panera excellent.

Rating **** Out of Four

Don’t Ever Leave Younger Siblings At Home

I did and I will always regret it.

By Julie Xiong

Many older siblings in the world are responsible for their younger brothers and sisters. Mostly all parents have sucky hours of work. And parents depend on you to help out your family and protect them.

My experience changed my life.

This one time, me and my big sister decided to go out for a bit to buy some cigarettes. After we got our pack of cigarettes, my phone rang. My cousin needed a ride. So we all got together, smoked and reminisced. A couple hours passed by and we all started taking smack. When we drove back to the house, the police and ambulances were there! OMG! I ran to see what had



happened. My little brother ended up with a busted up head and there was blood all over him. The police carried him into the ambulance. I followed them to the hospital. My little brother got a concussion.

My mom and dad came in and they were very disappointed. It was sad stuff.

So, don’t ever leave your younger siblings alone. I did, and I’ll always regret it.

Music



Music Review

Album Title: 808 Heartbreak

Artist: Kanye West

Reviewer: Brandon Johnson

My opinion on dis CD was that Kanye West put his soul and all his feeling in dis CD.

I liked how he expressed his self, the beat and the lyrics.

He could rip more, but everything is cool

I recommend this CD to everyone

****Excellent

Music Review

Album title: Lyfe Change

Artist: Lyfe Jennings

Reviewer:

Samantha "Mani" Brown

I selected this album because Lyfe's first two albums were similar, and to listen to Lyfe Change, it shows his growth and what he has come through since the release of the first – the third.

This album is excellent. Lyfe is a motivating, inspiring individual. I really like that Lyfe was talking life, about how people are and what people do.

Nothing could've been better, I love Lyfe Jennings. Thanks to my late brother I can listen to good, real music on this album.

R.I.P Bro.

My overall rating would have to be excellent *****.

Album Title: Paper Trail

Artist: T.I.

Music Reviewer: Aaron Amos

This is one of my favorite compact disc ever! It is original and just great. The artist's lyrics have meaning. The lyrics compare with what T.I.'s audience goes through. They can relate.

You can listen to the whole C.D. without switching tracks. All the songs have different meanings. The artist goes after all types of issues, issues he has endured in the last two years.

I really like the lyrical moments. His whole swag and the collaborations were great.

It could have been better if I was on the C.D., but my day will come.

****Excellent

Street Beat

Interviews About Town Interviews & photos by Street Breeze Staff

Question: What would you change about your life if you could?



Bolling
Age- 49
Occupation- Self

Can't leave Key West without tasting the best key lime pie.



Robert King
Age- Not given
Occupation- Not given

Non-sugar fudge bar. It is healthy, doesn't put on any weight, and it tastes like real ice cream."



Armando Campos
Age- Not given
Occupation- Not given

Cookies and milk, because milk after the cookies is refreshing.



Carrie Stone
Age- 38
Occupation- Education Program Coordinator California Musical Theatre

Cheesecake. It's good, rich and creamy.

WIND YOUTH SERVICES

Walking the runway for WIND at annual Lilo Fashion Show

The Lilo Benefit Handbag Fashion Show and Silent Auction recently took place at the WIND Youth Center. This season's event, in its eighth year, featured handbags designed and crafted by teens from local high schools and by kids from WIND.



Myrride O'neal, Areesha Carter and Cedar Butler

Handbag designers and WIND teens displayed their creations on the runway, after which attendees bid on items of their choice.



Brandon Johnson and Kevin Johnson

The designs included totes, evening bags and clutches that ranged in style from retro to hip. All proceeds from the fashion show and auction were donated to WIND.

Lilo is a non-profit organization run by Sacramento area teenagers and has chapters at McClathcy and Mira Loma high schools.



Angenetta Shabazz



Sharday Preyer models a Maria Shriver Bag

Photographer Bryan Johnson

WIND's future holds great promise with new creative programs

As we look toward the future, it is a good time for WIND to diligently assess the needs of homeless and marginalized youth in our community. In fact, we need to constantly evaluate our effectiveness and relevance in light of the needs of the people we serve.

This spring, we have begun that process as we begin work on a Sutter Health funded capacity building grant with 3Fold Communications. This process is enabling us to look at how we represent ourselves to the community and to the youth that look to us for services. We are beginning to strengthen our outreach program through this process and assess our advocacy efforts at both the youth center and shelter programs. We will also be looking at the best places to grow our services as defined by the youth and their identified needs. In this changing economic climate, youth have many concerns about being able to find work, housing and educational resources. It is apparent that we are seriously lacking housing options for youth ages 18-23 in our community and that as a region, we need to find solutions for this shortage.

As our outreach efforts grow, so does our knowledge of the need to assist youth to find meaningful work and opportunities for change. In particular, we are exploring new ways of incorporating the arts into the day-to-day work we do. We are very excited about a new grant we received with the Sacramento Metropolitan Arts Council and the workshops and after school programs we will be able to offer beginning this fall with local professional artists.

There is always much work to be done, but it is exciting to be able to explore the way to move forward and make a difference. There is exquisite joy in creating opportunities for personal transformation.

Ellyne Bell
Executive Director

A SPECIAL THANK YOU TO OUR ONGOING STREET BREEZE SUPPORTERS

**Soroptimist International
of
North Sacramento**

**The John Burton
Foundation**

Intel Corporation

**Bernice Hazen
Ginger Joyce
Carolyn Reiners
Oliver Stanton
Rolf Zschoernig**

River Cats Foundation

Westamerica Bank

**John O. Bronson
Company**

**Junior League
of Sacramento**

**Sacramento Bee
Book of Dreams**

**Ronald McDonald
House Charities of
Northern CA**

Photo Essay

Life Between the Raindrops

Street Breeze photographers took a trip to downtown Sacramento during a spring downpour to capture life between the raindrops. Every photo has its own rhythm and makes them think of music



I'm in Your City



Singing in the Rain



Can You Stand in the Rain?



Rain Rain Go Away



Raindrops Keep Falling on My Head

Musical references from top clockwise: Songwriter, Mason Jennings; Composer Nacio Herb Brown, Lyricist Arthur Freed, 1929; Songwriters Terry Lewis and Harris James, 2007; Songwriter and composer Burt Bacharach.

GOOD SPORTSMANSHIP: COMPARE AND CONTRAST

By Bryan Johnson and Kevin Johnson

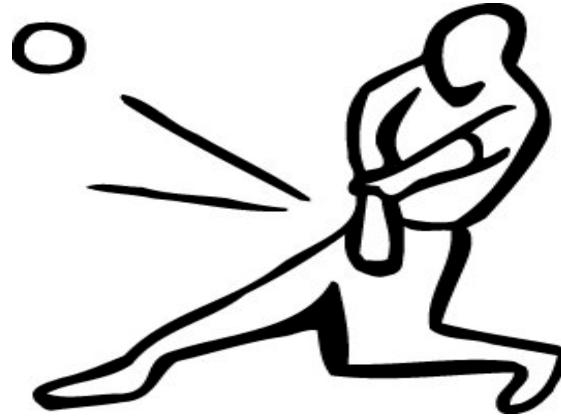
Sportsmanship—has it or has it not changed over the years since back when shorts were knee high, or has all of it gone down the drain. Everybody has their own opinion about how sportsmanship has changed. There are a lot of examples of good and bad sportsmanship.

Some use examples old players such as Steve Young for the way sportsmanship was back in the day, because he was a great leader to the San Francisco 49ers. That's how their team made it to the Super Bowl. The reason Steve Young took his team to the Super Bowl and won it was because he respected his team and also himself. There was never an I in Team for him. That's how Steve Young is a great example for good sportsmanship.

Another athlete that has good sportsmanship in this time and day is LeBron James. He plays professional basketball for the Cavaliers. He also helps his team win games with nonstop teamwork and phenomenal skill. Even LeBron can break one of the rules, but everybody mess up sometimes. One can only hope he doesn't let his success get to his head and forget what real sportsmanship is.

A person that is a good example for bad sportsmanship is Michael Vick even though he led his former team the Atlanta Falcons, an NFL football team, to victory you still have to respect the rules of good sportsmanship. Michael Vick was seen as an idol to a lot of people, but he was convicted of illegal dog fighting in his own home. He should have never done such nonsense that would hurt him and a lot of innocent animals. He also put a negative look on how sportsmanship is. Some people just let their fame get to them.

As you can see by these examples of Steve young and LeBron James good sportsmanship is not dead. Were still fighting the good fight, with the exception of a few bad eggs such as Michael Vick that think they can get away with any thing they want. But as we all know that's not how this game is played.



GOOD SPORTSMANSHIP CONSISTS OF SIX SIMPLE RULES

1. The "Golden Rule" - Do on to others as you have others do unto you.
2. Have an understanding and appreciation of the rules.
2. Enjoy yourself and encourage enjoyment for others.
3. Take responsibility for your actions.
4. Recognize and appreciate good performances, especially by the opponent.
5. Exhibit respect for the officials.

BOOKS

Pendragon: Raven Rise--Book Nine

Reviewed by Aaron Amos

Written by J.J. MacHale

Bobby Pendragon starts as a regular 14-year-old kid. He has a mom, dad and his sister. He has two best friends, Courtney and Mark. Bobby grew up with Mark, and he and Courtney have a connection. Bobby's Uncle Press informs him of his new duty of being a Traveler going through time and space to save Halla, which is everyone and everything, from a demon named Saint Dane.

Saint Dane is the coldest villain I have ever read about. He thinks if he goes around messing with all ten territories in Halla, he can manipulate all the people to do

what he wants them to do and mold Halla the way he sees fit. He speaks over and over of the Convergence he says will happen soon.

Bobby keeps all his journeys in a journal that he sends to Courtney and Mark, so they can see what he is going through. Non Travelers, like Courtney and Mark, can't travel without a traveler like Bobby present or the flume will collapse. A Flume is the gateway to all the other territories.

Bobby finds out different things about Travelers as his journey continues. For example,

travelers heal themselves, they don't die, and they can heal others. Also, travelers are only illusions, they can shape shift, and manipulate anyone to do anything. Bobby only knows how to heal himself, but the rest will come to him eventually.

My journey as a reader of this series continues with the last battle for Halla, which will take place in the next book, *Second Earth*. In Book Ten, all 10 of the travelers will come together to stop Saint Dane and end the Convergence for good.

When we leave Book Nine, the battle is not looking good for the

travelers, but hopefully they can pull this together and save Halla

I recommend this book to people between the ages 12 and 20. The story is exciting and for the first time, the villain is always ahead of the good guy and knows more information than the good guy does. But that changes. You have to read the book to find out how.

Rating: **** out of ****

Books

Twilight

Written by **Stephenie Meyer**

Reviewed by: **Sharday Preyor**

Publisher: **Brown and Company/Megan Tingley Books**

Characters: **Edward Cullen, Jacob Black, Bella Swan**

Isabella Swan is just an ordinary 17 year old girl or so she thinks. When Bella moves back to Forks, Washington to live with her father Charlie Swan the town sheriff she discovers that myths are more than just myth. Bella starts school and finds that even though she doesn't know anyone they all wanted to befriend her. She was perfectly fine being the new but old girl in town, the sheriff's daughter until she meets Edward Cullen.

Edward Cullen was a junior at Bella's school. Edward sat at a table with his two sister's and brother's Alice, Rosalie, Jasper, and Emmett. They stayed to themselves mostly. Edward never wanted the attention of anyone. He seems to be Price Charming on the outside until to Bella's surprise she finds the Edward doesn't seem to like her. She plans on confronting him the next day but he is a no show. Days go by and she wonders where this mysterious Edward Cullen has gone to. She soon relaxes as she thinking that she will never see him again but just as she thinks he is gone he is back in class.

Later on that day Bella is standing in front of her truck and almost gets killed by a van driven by her friend Tyler. Just as the van is about to crush her, the mysterious Edward stops the van with his bare hand and saves Bella. Then leaves as if nothing happened at all. Bella is taken to the hospital where she is taken care of by Edward's father Dr. Carlisle Cullen, who tells Bella that she is very lucky. She confronts Edward about his super power only to have him tell her to drop it. But it only makes her even more curious, so she talks to her childhood friend Jacob. Jacob told her about the many legends which include about how the people of his tribe came from wolves and about the cold ones. People who have cold skin, drink the blood of humans, and live forever. When she takes a trip to a bookstore in a nearby town she touches Edward's hand and is astonished to find he is cold to the touch.

Later that night Bella goes home and starts to have nightmares about what Jacob told her. She then puts everything together and figures everything out. She confronts Edward and tells him she knows what he is...a VAMPIRE! She accepts him and his family (who feed only on animals not on humans) but is put in danger when Nomad vampires begin feeding in Forks. Of course Edward saves her and the book ends with Bella walking down the stairs in a beautiful dress and Edward escorting her to the prom.

I liked this book because Stephenie Meyer's imagery was very powerful. The book was very well written and would be good for those who like books about romance as well as those who like books about vampires.

Rating * * * * Out of Four

Youth Legal Clinic

Discuss your legal rights and options

- ◆ School: Suspensions, Expulsions and Student records
- ◆ Foster Care Youth
- ◆ Runaway Teenagers
- ◆ Criminal Charges: Light Rail Tickets, Probation, etc.
- ◆ *Plus* other issues you want to discuss

When: Every 4th Friday each mo. Where: Wind Youth Center
9 a.m. until Noon Who: Porter Scott Law Firm

What: Confidential discussions Clinic: 916.446.0368
with a licensed attorney

Machua's spirit inspires teens

"And that the problems they had were the same as everybody's." Amos said that one way to get past your problems is to believe in yourself. "I liked the workshop," added, Amos "because it helped me open up more and find the real me and [taught me] that I don't have to change for anyone."

Tianna Forrest also learned something valuable from the workshop. "I learned its okay to cry sometimes and don't keep anger bottled up inside you. Release it by talking about it," she said. "I liked the workshop because it helped me express my feelings and show people the real me."

Teen Dawn Laury agreed. "I got a lot out of the seminar," she said, "such as the closure of a situation with a friend of mine. I also told my uncle that he meant a lot to me and I can come to him and he's also my best friend."

The teens who attended laughed and cried, and one teen was even reunited with his father. Hearts were mended and old grudges let go. As the workshop came to a close and the teens had their "Graduation" ceremony everyone was cheerful and had a heart of gold.

Today is the Day

By **Justin Hocker**

Today is the day

Today is the day I go home

Today is the day I am happy

Today is the day when life seems simple

Today is the day I needed help

Today is the day I got what I needed

Today is the day I go home

Teen Resources

California Youth Crisis Line
1-800-843-5200

National Runaway Switchboard 1-800-621-4000 (24-hour)
Confidential message center

Suicide Prevention
24-Hour Crisis Line
(916) 368-3111

WIND Youth Center
Homeless and At-Risk Youth Ages 12-20
300 Ahern St. (916) 443-8333
Drop-in hrs: Mon-Fri 8:00-4:30 p.m.
Saturday 10:00 a.m. - 2:00 p.m.
Breakfast and Lunch, Clothing, Case Management, Laundry/Shower Facilities, Access to Shelter

Social Security
1-800-772-1213
Drug & Alcohol Programs
Clean and Sober Program
@Loaves & Fishes
1321 North C Street
Open 12-Step Meetings
Mon-Fri 10 a.m. All Welcome
919-496-0331

Alcoholics Anonymous
(916) 454-1100

Narcotics Anonymous
(800) 600-4673
(916) 732-2299

Panalea Inc 916-854-4564
3353 Bradshaw Rd. Ste 103 Sacramento, CA 95827 For info or referrals, call: Trisha Seastrom, CAPCA, CAMF

Program Director 916-845-4564.
Comprehensive drug and alcohol treatment & anger management services

Diogenes Youth Services
1-800-339-7177
Services for runaway, homeless, abandoned abused and neglected youth, including crisis resolution, counseling, support groups, health education, emergency shelter and transitional housing.

Strategies for Change
916-473-5764
4330 Auburn Blvd. Sacramento, 95841.
M,Tu,Th: 8a.m.-7:45 p.m.
Wed & Fri: 8 a.m.-5 p.m.
Individual & families substance abuse treatment.. Youth substance abuse treatment

Health Care
A&B Street Clinic
443-6972
Health care and dental services

Harm Reduction Services
3647 40th Street
Sacramento, CA 95817
HIV Testing, Free Sat Clinic, Basic medical care, STD testing, physicals.
Ryan White Case Mgmt for HIV. 916-456-4849

Loaves & Fishes
1321 North C St. 446-3345
Anonymous HIV testing and general care for homeless people with urgent needs

Sacramento Life Center
Toll Free (877) 605-5433
930 Alhambra Blvd. Ste 210
1224 Coloma Way, Roseville
Free pregnancy test, ultrasound counseling, support

Mental Health Services
Genesis
(916) 669-1536 1321 North C St. A
Mental Health Program of Loaves & Fishes. Counseling, supportive groups, psychiatric assessments, s.

Mercy Clinic @Loaves & Fishes
1321 North C Street
Anonymous HIV Testing
General Urgent Care
Parenting Support
Teen Success Program
(916) 446-5037
Weekly support groups for parenting teens

The Birthing Project
1900 T Street
(916) 442-2229.

Chicks in Crisis
(888) 208-8086
(916) 441-1243
Parent Skill Survival
Adoption Services
Teen Pregnancy
Parenting/Cooking Classes
www.chicksinacrisis.org

Sacramento Crisis Nursery
24-Hour Stress Line
(916) 394-2000
Respite care for parents in crisis.
Birth and Beyond

(916) 875-BABY
Teen birth control and substance abuse
Sacramento Regional
HIV Info Hotline
1-888-259-4HIV

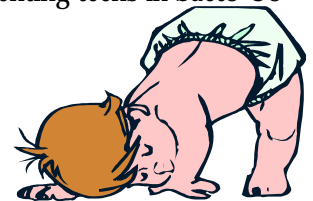
Capital Health Center (916)
874-5302/1500 C St.

Planned Parenthood
1125 10th Street
(916) 444-7966

Sacramento Nurse Family Partnership
(888)824-BABY(2229)
Providing first-time mothers with nurse home visitors w/special training in pregnancy, childbirth and child development. Answer questions about Pregnancy, Caring for New Baby, Healthy Foods, Breastfeeding, Immunizations, Parenting, Education, Budgeting Money

Sutter Teen Programs
AFLP & Cal-Lean Programs
916-285-4600

2143 Hurley Way, Suite 230
Sacramento, CA 95825
In-home case management support services for pregnant & parenting teens in Sacto Co



SACRAMENTO

Sacramento Public Library
Central Branch
9th & I St.
Café Soleil
9th & I St.
The Avid Reader
1003 L St.
Café Connection
1007 L St.
Bean Tree
10th & L St.
Ambrosia
1030 K St.
The Effort
1820 J St.
The Bread Store
18th & J St.
Noah's Bagels
19th & J St.
Glass McClure, Inc.
2700 J St.
Family Promise @
Loaves and Fishes

1309 21st St.
Weatherstone Co.
812 21st St.
Infusion Café
17th & K St.
Capital Garage
15th & Capital
Ambrosia
1030 K St.
Beers Books
915 S St.
Lunas Café
1414 16th St.
Tower Theatre
Broadway & Land Pk. Dr.
Uncle Jed's Barber Shop
34th St. & 3rd Ave.
Underground Books
2418 24th St.

.....Where to find us.

Starbucks
34th St. & 3rd Ave.
Franklin Career Center
7000 Franklin Blvd.
Urban League
3725 Marysville Blvd.
Java Lounge
Temple Coffee
Naked Lounge
1500 Q Street
Step One Fitness
1920 T Street
La Familia Counseling Center
5523 34th St.
Library @Loaves & Fishes
DEL PASO BLVD
Skating Iceland
Ferreira Gym

DEL PASO BLVD CONT.

Sammy's Family Restaurant
QTs Beauty Connection
Del Paso Library
Konnection Christian Bookstore
Sacramento Metropolitan
Arts Commission
Birth & Beyond
Kustom Kutz
Top Dawg
Lil Joe's
Panaderia La Jerezana
OTHER LOCATIONS
Broderick Christian Center
West Sacramento
Cordova High Student Union
2239 Chase Dr.
Rancho Cordova