



# Wish List

## Household & Hygiene Items:

- ♥ Mosquito repellent
- ♥ Deodorant – men's & women's
- ♥ Metal or plastic water bottles
- ♥ Flashlights & batteries
- ♥ Toothbrushes & toothpaste
- ♥ Dental floss
- ♥ Kleenex
- ♥ Soap & body wash (regular & travel size)
- ♥ Shampoo & conditioner (regular & travel size)
- ♥ Lotion (regular & travel size)
- ♥ Razors
- ♥ Sunscreen
- ♥ Combs & brushes
- ♥ Chapstick
- ♥ Pads & tampons

## Personal Items:

- ♥ Sleeping bags
- ♥ Blankets
- ♥ Pillows
- ♥ Tents – New or Gently Used
- ♥ Tarps – New or Gently Used
- ♥ Towels, washcloths, and hand towels
- ♥ Backpacks or duffle bags
- ♥ Socks – men's & women's
- ♥ Boxers
- ♥ Bras
- ♥ Underwear – men's & women's
- ♥ Clothing – New or Gently Used
- ♥ Shoes – New or Gently Used
- ♥ Raincoats or ponchos

## Other Items:

- ♥ Sewing kits
- ♥ Dog & cat food
- ♥ Travel alarm clocks
- ♥ Duct Tape

## Urgent Needs – May 2016

- Men's clothing and shoes
- Business/work clothing
- Tarps, tents, and blankets
- Raincoats & ponchos
- Underwear –men's and women's
- Toothbrushes & toothpaste
- Deodorant
- Backpacks & duffle bags
- Bottled water
- Dog food
- Phone Chargers

## Medical & First Aid Items

- ♥ Small first aid kits
- ♥ First aid antibiotic ointment
- ♥ Sterile and non-sterile gauze
- ♥ Q-tips
- ♥ Band-Aids (all sizes)
- ♥ Elastic ace bandages
- ♥ Hand sanitizer/wipes
- ♥ Baby Wipes
- ♥ Cough drops

## Sack Lunch Items:

- ♥ Sandwich bread
- ♥ Sandwich meat & cheese
- ♥ Mayo & mustard packets
- ♥ Fruit cups
- ♥ Cliff bars or granola bars
- ♥ Dried fruit and nuts
- ♥ Small bags of chips or cookies
- ♥ Juice
- ♥ Bottled water
- ♥ Sandwich bags
- ♥ Brown lunch sacks
- ♥ 'Fun Size' candy bars

Donations may be dropped off at Wind Youth Services – 916-561-4900  
3671 5<sup>th</sup> Avenue Sacramento CA 95820 | Monday – Friday between 9am and 4pm

### Pantry

- ♥ Rice
- ♥ Pasta
- ♥ Tortilla chips
- ♥ Ramen/ Cup of Noodles
- ♥ Cereal
- ♥ Oatmeal
- ♥ Applesauce
- ♥ Pickles
- ♥ Ketchup
- ♥ BBQ sauce
- ♥ Hot sauce
- ♥ Tapatio
- ♥ Siracha
- ♥ Mayonnaise
- ♥ Peanut butter
- ♥ Jelly
- ♥ Canned vegetables
- ♥ Parmesan cheese
- ♥ Salsa
- ♥ Salad dressing
- ♥ Soy sauce
- ♥ Hot chocolate
- ♥ Coffee

### Fridge

- ♥ Milk (dairy and soy)
- ♥ Shredded cheese
- ♥ Ground beef
- ♥ Sour cream
- ♥ Hummus
- ♥ Butter
- ♥ Bagged salad

### Frozen

- ♥ Pre-cooked chicken cutlets
- ♥ Chicken nuggets
- ♥ Broccoli
- ♥ Corn
- ♥ Assorted vegetables
- ♥ Popsicles

### Fresh Fruits and Vegetables

- ♥ Apples
- ♥ Bananas
- ♥ Oranges

- ♥ Peaches
- ♥ Pears
- ♥ Grapes
- ♥ Berries
- ♥ Carrot sticks
- ♥ Cucumbers
- ♥ Cherry tomatoes
- ♥ Peppers

### Cleaning Supplies & Paper Goods

- ♥ Dish soap
- ♥ Hand soap
- ♥ Laundry detergent
- ♥ Pine-Sol
- ♥ Clorox or Lysol wipes
- ♥ Broom & dustpan
- ♥ Mops
- ♥ Buckets
- ♥ Paper towels
- ♥ Toilet paper
- ♥ Sponges
- ♥ Disposable plates
- ♥ Disposable bowls
- ♥ Disposable cups
- ♥ Plastic cutlery
- ♥ Gloves
- ♥ Trash bags (35 & 13 gallon)

**Items on our wish list are  
utilized in our Drop-In Center,  
Shelters, and Supportive  
Housing programs**

We are always in need of gift cards!  
\$5 gift cards for food or coffee are  
given to our youth, and larger gift  
cards to Costco or Walmart help  
support our programs and feed youth!